



**Newsletter 01
2006**

ETHNIC VOICE NEW ZEALAND INC.

The Presidents Voice

2006 is already well underway and I hope you have had a great start to the year. 2006 will be another busy year for EVNZ with two conferences planned, and four meetings with Ethnic Affairs for community leaders. We look forward to working with you all again in 2006.

New members are most welcome to join our organization which will act as a peak umbrella organization involved essentially on policy issues affecting Ethnic Sector and work towards successful settlement to build a cohesive NZ society.

Dr Rasalingam

Ethnic Voice NZ 2006

Ethnic Voice New Zealand Inc is proud to announce they will host four meetings with Department of Ethnic Affairs in 2006. The objectives of these meeting are for Ethnic Affairs to update community leaders on policy and new developments within the department, as well as the opportunity for Community leaders to give feedback to Ethnic Affairs. Speakers will include Mervin Singham and Joshua Wycliffe.

Ethnic Voice NZ feels it is important that all communities are given the opportunity to listen to the meetings and therefore are broadcasting the meeting live via live web broadcast. To view the meetings go to www.ethnicvoice.co.nz and click on "Ethnic Affairs Meetings" on the home page. When you click on the link you will automatically linked to the meeting or a series of dates will appear; click on the relevant date and you will be automatically linked to the meeting.

Meeting dates are as follows: Northshore – Thursday 23 March 7:00 – 8:15pm; Manukau – Thursday 22 June 7:00 – 8:15pm; Waitakere – Thursday 21 September 7:00 – 8:15pm ; Auckland – Thursday 23 November 7:00 – 8:15pm. Keeping communities informed. Thanks to our sponsors North Shore City Council, Vidcom, and Deliquo Communication.

GREEN RIBBON AWARDS

Environment Minister David Benson-Pope is calling for nominations for the 2006 [Green Ribbon Awards](#).

"Nominations are now being called for to recognise outstanding contributions from people or organisations that are working towards sustaining, protecting and enhancing the New Zealand environment," David Benson-Pope said. "We know there are a huge number of people who are doing amazing work and we need to recognise that. The Green Ribbon Awards acknowledge the work done towards environmental sustainability. "Everyday I hear about people, organisations and businesses making a difference to the environment. The Green Ribbon Awards are about celebrating these achievements and inspiring others to get involved. "The Award winners show all of us how everyone can make a big difference through their commitment and hard work," David Benson-Pope said. Categories for this year's awards include:

- urban sustainability
- rural sustainability
- caring for our water – fresh and seawater
- sustainable business
- young people making a difference
- community action for the environment

Nominations close on 31 March 2006.

Asian Health and Wellbeing Conference

The University of Auckland is pleased to announce that the Faculty of Medical & Health Sciences will host the second International Asian Health and Wellbeing Conference on November 13 & 14, 2006 at its School of Population Health in the Tamaki campus. The conference is being hosted and organised by the Centre for Asian Health Research and Evaluation (CAHRE), a research centre at the Faculty's School of Population Health at the Tamaki Campus in partnership with The Asian Network Incorporated (TANI), a pan – Asian community organisation whose mission is to improve quality of life and well-being for Asian New Zealanders.

Background

Since the First International Asian Health and Wellbeing Conference at the School of Population Health a number of important initiatives have been launched or facilitated by distinctive government and non-government organisations and institutions. Systematic quantitative data on Asian New Zealanders has begun to emerge, beginning with the report released by TANI in October 2005, "Asian Health in Aotearoa".

Increasing evidence shows that some Asian peoples enjoy good health status, predominantly mediated by a "healthy migrant effect". However, emerging evidence also shows that there are a number of specific health and wider social issues faced by Asian New Zealanders such as heart disease, diabetes, obesity, cancer, mental health issues, poor access to health services (particularly primary care), dietary changes and lack of physical activity. Consideration of these issues in the context of the development of evidence-based healthcare and health promotion strategies, are imperative for improvement of health and wellbeing for Asian peoples in Aotearoa New Zealand.

The Second International Asian Health and Wellbeing Conference

Programme Overview

The second International Asian Health and Wellbeing Conference will bring together national and international experts to consider the health needs of Asian peoples and to respond to the challenges of providing health care for diverse populations. The conference will not only explore the New Zealand situation but will also consider the global context for Asian health. Ultimately the Conference seeks to increase the capacity of communities and service providers to develop proactive strategies to face the challenges of improving Asian health in New Zealand and beyond.

Who should come?

Speakers and delegates from a variety of disciplines – medical and health sciences, social services, cultural studies, social sciences, and outcome evaluation – will discuss recent advances and issues in Asian health. The aim of the Conference is to bring health practitioners, researchers, policy makers, students and funders from both government and non-government sectors, together to share knowledge and experiences in dealing with the health issues of Asian population.

The Conference focus: Specific population groups

The main conference will be held on **Monday & Tuesday, 13th & 14th November 2006**. The Conference will focus mainly on the following population groups:

1. Young people: Consideration of second and third generation Asian young peoples' experiences, and also the experiences of international students.
2. Older people: Investigation of challenges faced by Asian older people and means to address them.
3. Women: Examination of specific issues faced by Asian women.
4. The family as a whole: Communication, relationships, employment and social integration into the dominant culture.

There will also be pre-conference workshops on: **Saturday, 11th November 2006** – these will be half-day skills-based workshops covering:

- Health promotion approaches to addressing lifestyle issues such as– heart disease, stroke, injury prevention, obesity, diabetes and addictive behaviours
- Primary healthcare settings– working with Asian patients in general practice and with their care-givers and family members

Global Peace Store

A recent arrival in the Avondale community – introducing the Global Peace Store, a charity shop for the community, situated at 73a Rosebank Rd, Avondale. The charity shop stocks new and used items of clothing, furniture, electrical items, books, utensils and bric-a-brac. Global Peace welcomes your patronage and they look forward to getting to know you individually. If you have any queries or wish to more about Global Peace, or donate items to the store fell free to drop in anytime or contact Global Peace store manager phone (09) 828 3223. Shop hours: weekdays 10:00 – 6:00pm; Saturdays 10:00am – 2:00pm

HEALTH & LIFESTYLE EXPO – JUST FOR THE HEALTH OF IT !

This event is a collaboration between Waitemata DHB and its Primary Health Organisation (general practitioners or family doctors) network and is organised for people residing in the Waitemata district which covers Rodney, North Shore City and Waitakere City and comprises a population of nearly 500,000 people. The Expo will be an opportunity to showcase information about careers in the health sector and to give advice about how to seek training in those fields. It will also feature fun activities and live music, including top New Zealand bands Katchafire and Sola Rosa, information on exercise and healthy eating, free health checks, cultural performances, prizes and give-aways.

There will also be information on translation services, how to access GPs who provide translation services, Home Help for Older Adults, using the health and hospital systems, Needs Assessment for people 65+ with a disability, Diabetes, Stroke, Women's Health, Cervical Screening and more.

The Expo will have bi-lingual interpreters and facilitators who could speak Cantonese, Mandarin, Korean, Vietnamese, Burmese, Hindi, Farsi, Arabic, Iranian, and Somali languages on hand to assist people with limited English speaking ability with health checks and with gathering information from information booths or seminars on Sunday 19 March from 12pm midday to 4pm.

WHAT: FREE Health & Lifestyle Expo – Just for the Health of It!

WHERE: The Trusts Stadium, 65– 67 Central Park Dr, Henderson, Waitakere City

WHEN: Sunday 19 March 12pm Midday – 6pm, Monday 20 March 9am – 6pm.

If you require further information contact Sue Lim Ph 442 3239, email sue.lim@waitematadhb.govt.nz

COMING EVENTS 2006

March FREE Health & Lifestyle Expo – Just for the health of it! The Trust Stadium, 65 Central Park Dr, Henderson, **Sunday 19 March 12:00 – 6:00pm and Monday 20 March 9:00am – 6:00pm**. It is an exciting, free event encompassing a large interactive Expo with over 100 booths presenting health information, ideas and resources for health lifestyles. Interpreters on site. For more information contact Sue Lim ph: 442 3239 or eMail: sue.lim@waitematadhb.govt.nz.

March Community Resources Expo, Sustenance for Sustainability – **24 March, 9:00 am – 3:00pm**, 120 Picton St, Howick presented by HAPCOSS and Counties Manukau Community Development Practitioners Network. For further information contact hapcoss@yahoo.co.nz Supported by Manukau City Council.

March National Refugee Resettlement Forum hosted by the Department of Labour Settlement Division on 26–28 March, Western Springs. For further information eMail Barbara.feeney@dol.govt.nz

April Legal Structures for Community Groups seminar presented by Auckland City Council and Grey Lynn Neighbourhood Law Office. **Thursday 13 April, 10:00 am – 12:30 pm**, Fickling Centre, Three Kings. An introduction to the range of possible legal structures for community organisations. For more information go to www.nzfvwo.org.nz/keepingitleagal

April Constitutions and Trust Deeds seminar presented by Auckland City Council and Grey Lynn Neighbourhood Law Office. **Thursday 20 April, 10:00 am – 12:30 pm**, Fickling Centre, Three Kings. This seminar is designed to introduce participants to the essential elements of a set of rule/constitution or trust deed. For more information go to www.nzfvwo.org.nz/keepingitleagal

Let us know what's happening in your community – contact@ethnicvoice.co.nz